

Thursday, 15th May 2025	
07:30-09:15	Registration
09:15-10:15	Welcome Ceremony
10:15-11:00	<p>How useful are research results for decision makers? The new Medical Research Council Framework for Complex Interventions <i>Prof. David Richards, Bergen, Norway</i></p> <p>Chair:</p>
11:00-11:30	Coffee Break
11:30-12:15	<p>Service user involvement in mental health research – A Consolidation between rational and personal experiences <i>Sabine Rühle-Andersson, Bern, Switzerland</i></p> <p>Chair:</p>
12:15-13:30	Lunch
13:30-14:30	<p>Concurrent A (Auditorium) – Chair</p> <ul style="list-style-type: none"> • An Introduction into Trauma Informed Practice in Mental Health Settings <i>Lauren Keegan Ireland</i> • Reiterating the need for trauma-informed and anti-oppressive spaced for disclosures of sexual violence: Learning from those who have lived through it <i>Candice Wadell-Hanowitch Canada</i> • Implementing complex interventions in mental health nursing: Post Traumatic Growth <i>Brenda Costello Ireland</i> <p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Innovating Outpatient Care: Nurse-Led Clozapine Clinics in Iceland with a Holistic and Service-User Focus <i>Rannveig Thorsdottir Iceland</i> • Follow-Up of Antipsychotic Treatment Adherence to Clinical Guidelines at Akureyri Hospital <i>Guðrún Ásbjörg Stefánsdóttir Iceland</i> • Parenting in Precarity: Psychosocial and Family Health in the Context of a Precarious Residential Status in Switzerland <i>Sabrina Laimbacher Switzerland</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Bridging Islands in the Stream: The Pivotal Role of Mental Health Nurses in Integrating Mental Health and Addiction Care <i>Jürgen Magerman Belgium</i> • The short time of sleeping and selected clinical problems as area of tasks for the professional team in the therapy of patients with alcohol dependence <i>Damian Czarnecki, Judyta Rogóż Poland</i> • Conceptualizing and Applying Tabletop Role-Playing Games in Inpatient Psychiatric Care and Adolescent Addiction Treatment: An Integrative Review <i>Aleš Zajc Slovenia</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • The implementation of the complex intervention Safewards in two clinics in Germany (Symposium) <i>Michael Löhr Germany</i> <i>Andreas Bechdorf Germany</i> <i>Emilio Velasquez Germany</i> <p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • Beyond Recovery – An integrative ecosystems approach to mental health and wellbeing (Workshop) <i>Peter Wolfensberger Switzerland</i>

14:30-15:00	Coffee Break
15:00-16:00	<p>Concurrent A (Auditorium) – Chair</p> <ul style="list-style-type: none"> • Guided Self Determination (GSD) – Making empowered decisions (Symposium) <p>Severe Mental Illness and requirements <i>Nora Bötzel Switzerland</i></p> <p>Guided Self-Determination: Development and Training <i>Izaskun Altemir Garcia Denmark</i></p> <p>The Guided Self-Determination Method: Evidence and Implementation <i>Rikke Jørgensen Denmark</i></p>
	<p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Facilitating and Hindering Factors in Recovery: Insights from Expert Interviews and Focus Groups with Affected Individuals-Oriented Psychiatric Care <i>Ingo Tschinke Germany</i> • Effects of the Discovery Group from the Tidal Model in inpatient psychotherapy <i>Edgar Mehlmann Germany</i> • From overpowering to EMPOWERING <i>Ruth Finlay Ireland</i>
	<p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Perspectives of Healthcare Professionals on Cross-sectoral collaboration Between Mental Health Centres and Municipalities: A Qualitative Study <i>Kim Jørgensen Denmark</i> • Introduction of a Clinical Skills Facilitator Role in a Mental Health Setting <i>Mary Corrigan Ireland</i> • Improving Physical Health among Psychiatric outpatients: A Preventative Approach in Mental Health Nursing <i>Peter Hjorth Denmark</i>
	<p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • Best Practice Principles for Implementing Psychosocial Interventions into Adult Mental Health Nursing Practice <i>Sarah Roche Ireland</i> • Shared decisionmaking for a more person-centred health care and social services for people with psychiatric conditions <i>Louise Kimby Sweden</i> • Implementation of Positive Advanced Recovery Connections in Primary and Secondary Mental Health Care—A Registered Advanced Nurse Practitioner-Led Initiative <i>Timmy Frawley Ireland</i>
	<p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • Therapeutic work in mental health nursing – a puzzle consisting of science, education, practice and management (Workshop) <i>Sven Andersson Switzerland</i> <i>Katja Rother Switzerland</i>
16:00	Change into Auditorium
16:15-16:30	Music
16:30-17:15	<p>Navigating Complexity in Psychiatric Care to avoid Coercion: Exploring Joint Crisis Plans as a Complex Intervention <i>Jacqueline Rixe, Bielefeld, Germany</i></p> <p>Chair:</p>
17:15	Closing 1st day
17:40-19:00	General Assembly Horatio-European psychiatric nurses

Friday, 16th May 2025	
08:20-08:30	Welcome
08:30-09:15	<p>Willingness to change? Mental health nurses' reactions to implementation of a complex intervention <i>Dr. Rikke Jørgensen, Aalborg, Denmark</i></p> <p>Chair:</p>
09:15-10:00	<p>Advanced practice mental health nursing; what is it good for? <i>Prof. Gisli Kort Kristofersson, Akureyri, Iceland</i></p> <p>Chair:</p>
10:00-10:30	Coffee Break
10:30-11:30	<p>Concurrent A (Auditorium) – Chair</p> <ul style="list-style-type: none"> • Service users’ experiences and perceptions of carer support and involvement in care and treatment in adult mental health inpatient settings: a systematic review and thematic synthesis <i>Ellen Boldrup Tingleff Denmark</i> • Working beyond the individual: how systemic therapy by an APN finds its value in a Belgian mental health hospital <i>Julie Vandekerckhove Belgium</i> • Family Nursing Education In Graduate PMH Nursing <i>Eydis Kristin Sveinbjarnardottir Iceland</i> <p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Navigating Dementia Care in the Community: A Multidisciplinary Approach to Supporting Patients and Caregivers <i>Mark Vassallo Malta</i> • Therapeutic Lying in the context of dementia care <i>Felix Friedrich Lenz Germany</i> • Interdisciplinary, Coordinated, and Structured Care for Severely Mentally Ill Patients: Emphasizing the Role of Psychiatric Home Care in Germany <i>Ingo Tschinke Germany</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • The needs of families living with a loved one with schizophrenia <i>Tina Hägg-Haapanen Finland</i> • 'I feel like the burden of the world is on my shoulders': A phenomenological qualitative study on the life experiences of adult children of parents with schizophrenia <i>Tuğba Pehlivan Saribudak Turkey</i> • The Effect of Bibliotherapy-Based Psychoeducation Program on Parenting Perceptions of Parents with Special Needs Children <i>Rojinda Ucak Turkey</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • Transforming Care: Co-produced Interventions to Enhance Patient Safety in Complex Mental Health Settings – A PhD Study <i>Trine Vintersborg Denmark</i> • Navigating the Impact of Coercive Measures in Psychiatry: Toward Developing Complex Interventions to Mitigate Their Effects <i>Lene Lauge Berring Denmark</i> • The long way to a program theory for debriefing after coercion <i>Sabine Hahn Switzerland</i> <p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • Recovery College: Background, Evaluation, and Practical Implementation (Workshop) <i>Jared Omundo Germany</i> <i>Susanne Schmedthenke Germany</i>
11:30	Stay, Change rooms or Stretch legs

11:45-12:45	<p>Concurrent A (Auditorium) - Chair</p> <ul style="list-style-type: none"> • Constant observation in psychiatric inpatient care as a complex intervention <i>Lars Alsbach Germany</i> • The impact of coercion on patients' recovery in psychiatric wards: Systematic review of qualitative literature <i>Bjering Páll Iceland</i> • Can the participation of nurses in psychiatric coercion be justified any longer? Empirical and ethical analyses <i>Dirk Richter Switzerland</i> <p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Health matters, even on the street. Street nursing and homelessness <i>Charlotte Ruysen Belgium</i> • Design thinking in Action: Tackling unforeseen challenges in Refugee Mental Health <i>Michael Gibbons Ireland</i> • The Relationship between Internalized Stigmatization and Adherence Among Syrian Refugees with Mental Disorders <i>Gül Dikeç Turkey</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Inner calm in turbulent times -The effect of mindfulness on people with psychotic disorders- <i>Eileen Fulde Germany</i> • Using Virtual Reality Headsets for Relaxation in mental health care settings <i>Ciaran Cuddihy Ireland</i> • Effect of psychoactive hand massage on patients in the setting of a geriatric psychiatric day clinic <i>Patrick Lemli Germany</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • Enhancing Interprofessional Collaboration and Complex Interventions in Family-Centered Care: Exploring Potential for Sustainable Approaches in Germany and Switzerland (Symposium) <p style="padding-left: 20px;">Enhancing Collaboration Skills Through Training: A Study on Complex Interventions in Psychotherapy <i>Maylien Keimeier Germany</i></p> <p style="padding-left: 20px;">Sustainable Interinstitutional Cooperation in Family-Centered Care: Insights from the Family-Medicine-Center Gütersloh (ZFM-GT) <i>Fabian Klein Germany</i></p> <p style="padding-left: 20px;">Cross-system cooperation in the context of family medicine <i>André Nienaber Switzerland</i></p> <p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • Consultation liaison Psychiatry and mental health care: Expanding the role of APNs (Workshop) <i>Ragnheiður Bjarman Iceland</i>
12:45-14:00	Lunch
14:00-15:00	<p>Concurrent A (Auditorium) - Chair</p> <ul style="list-style-type: none"> • A standard suicide risk assesment – treatmentplan to ensure patient safety <i>Julia Brynjólfsdóttir Iceland</i> • The Importance of a Process Perspective in Intimate Partner Homicide (IPH) Prevention <i>Karin Örmon Sweden</i> • Complex interventions? Children exposed to parental suicidal behavior <i>Geir Tarje Bruaset Norway</i>

<p>14:00-15:00</p>	<p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Successfully implementing innovations and evidence in psychiatric practice. How can complex interventions be implemented sustainably? <i>Gitte Herwig Germany</i> • Evaluating Complex Interventions in Psychiatric Nursing: A Bibliometric Analysis of Methodological Approaches <i>Erman Yildiz Turkey</i> • Practice development meets personnel development: Strategy concept Pflege 3.0© as a best practice example for the sustainable implementation of complex interventions <i>Michael Ziebold Germany</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Managing Complex Mental Health Presentations in the Patients own Home <i>Sinéad Frain Ireland</i> • Recommendations for the implementation of inpatient equivalent treatment: Results of the process evaluation of the AKtiV study <i>Martin Holzke Germany</i> • Effectiveness of community mental health nursing in Switzerland: mirror-image analysis of psychiatric hospitalizations <i>Anna Hegedüs Switzerland</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • Re-thinking mental health nursing <i>Dirk Richter Switzerland</i> • Creating space for the voices of Sexual Violence Victim/Survivors in Psychiatric Nursing Education: Use of a Graphic Novella to Support Education <i>Candice Waddell-Henowitch Canada</i> • Self-Experience and Self-Reflection in Mental Health Nursing: Chances and Benefits <i>Pascal Wabnitz Germany</i> <p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • User Designed Psychiatric Wards (PSYwithUS) (Workshop) <i>Christian Burr Switzerland</i> <i>Sabine Ruehle Anderson Switzerland</i> <i>Claude Spiller Switzerland</i>
<p>15:00-15:30</p>	<p>Coffee Break</p>
<p>15:30-16:30</p>	<p>Concurrent A (Auditorium) - Chair</p> <ul style="list-style-type: none"> • Habits of Peer Support Workers in German Psychiatry <i>Michael Mayer Germany</i> • Evaluation of the Recovery College Bern <i>Nora Ambord Switzerland</i> <p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Mental health nurse perceptions of their knowledge base of medical care interventions – A training needs analysis <i>Mary Corrigan Ireland</i> • Determination of psychosocial care giving status and competence of intensive care nurses <i>Buse Saygin Sahin Turkey</i> • Mental Health Problems: perceptions of nurses on somatic wards <i>Hanne Vandewiele Belgium</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • The Relationship Between Internalized Stigmatization and Mental Health Literacy Among Syrian Refugees Used Psychosocial Services <i>Gül Dikeç Turkey</i>

15:30-16:30	<ul style="list-style-type: none"> • The Effect of Internalized Stigma on Social Integration in Patients with Psychiatric Disorders <i>Funda Gümüs Turkey</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • Patient-initiated brief admissions in Iceland - a nursing intervention <i>Ragnheiður Bjarmann Iceland</i> • Implementing hospital test discharge periods for young adults with mental health problems: a qualitative study <i>Bart Debyser Belgium</i> • Implementation of an Enhanced Referral Pathway for Parallel Mental Health Assessment in the Emergency Department in a Dublin-based University Hospital <i>Michelle O'Donohoe Ireland</i> <p>Concurrent E (Aquino Lounge) – Chair</p> <ul style="list-style-type: none"> • Guided Self Determination (GSD) - through a common understanding to more self-determination (Workshop) <i>Susan Munch Simonsen Denmark</i> <i>André Nienaber Switzerland</i> <i>Izaskun Altemir Garcia Denmark</i>
16:30	Change into Auditorium
16:40-17:10	Horatio Fellowship Award
17:10-17:30	Announcement & Invitation Horatio Congress 2026

19:00	Congress Party „Das Lemke“ (registered participants only)
-------	--

Saturday, 17th May 2025

09:00-10:00	<p>Concurrent A (Auditorium) - Chair</p> <ul style="list-style-type: none"> • The FSI forensic project: Family Support and Involvement in forensic mental health settings <i>Ellen Boldrup Tingleff Denmark</i> • An Analysis of the Profiles of Forensic Psychiatric Patients with Compulsory Hospitalization in A Regional Psychiatric Hospital: A Retrospective Study <i>Gül Dikeç Turkey</i> <p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Evaluation of a brief cognitive behavioural group therapy for distressed female university students; focus group results <i>Johanna Bernhardsdottir Iceland</i> • Experiences of women in mental health rehabilitation <i>Sólrun Óladóttir Iceland</i> • The Meeting Between Healthcare Professionals and Patients with Mental Health Challenges During Cancer Treatment <i>Kim Jørgensen Denmark</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Starting the Conversation: Co-Producing the Next Generation of the Brøset Violence Checklist (Workshop) <i>Jacob Hvidhjelm Denmark</i> <i>Lene Lauge Berring Denmark</i> <p>Concurrent D (Seminarraum 3) – Chair</p>
-------------	---

	<ul style="list-style-type: none"> • Investigation of the factors related to problematic internet use and digital game playing in university students with a structural equality model <i>Hatice Irmak Turkey</i> • Developing a multilevel intervention to promote the mental health of vocational and education training students <i>Katja Weidling Switzerland</i> • Making University Campus' Neurodiversity Friendly <i>Timmy Frawley Ireland</i>
10:00-10:30	Coffee Break
10:30-11:50	<p>Concurrent B (Seminarraum 1) – Chair</p> <ul style="list-style-type: none"> • Curious Collaboration: Implementing, Evaluating, and Refining a Cross-Sector Model for ADHD <i>Rikke Kristensen Denmark</i> • Working with young people in challenging times .TEJO: a unique project from Belgium <i>Christophe Casteleyn Belgium</i> • Care needs and health promotion preferences among adolescents and parents of adolescents with mental illness, to support healthy weight development: a qualitative study <i>Annika Nordkamp Denmark</i> • Adapting the Tidal Model to Child and Adolescent Mental Health Care <i>Ulf Boger; Phoebe Koch Germany</i> <p>Concurrent C (Seminarraum 2) – Chair</p> <ul style="list-style-type: none"> • Mental health care professionals` interactions with individuals experiencing severe mental illnesses, who may exhibit aggressive and/or violent behaviours <i>Hilde Karlsen Sanna Norway</i> • Dealing with people with borderline personality disorder in non-disorder-specific care – recommendations for practice <i>Jacqueline Rixe Germany</i> • Assessing supportive interventions for patients with impaired emotional regulation in forensic care <i>Karsten Gensheimer Germany</i> • Towards a Shared Understanding: Challenges and Opportunities in the Diffusion of Digital Technology in Mental Health <i>Christine Therese Caroline Toreld Denmark</i> <p>Concurrent D (Seminarraum 3) – Chair</p> <ul style="list-style-type: none"> • The training continuum, a multidimensional field of tension between different requirements and actors in the training to become a nurse <i>Maria Heuer Germany</i> • Nursing interventions throughout Hildgard Peplau ´s theory of interpersonal relationship between the clinical mentor and the nursing student <i>Aljosa Lapanja Slovenia</i> • Training Psychiatric/Mental Health Nursing Students (PMHNS) in Motivational Interviewing: A practicebased educational project <i>Cornelia Schneidtinger Austria</i> • Unmet Care in Psychiatric Clinics: A Nurse’s Perspective <i>Mizgin Demir Turkey</i>
12:00-13:00	Lunch
13:00-13:45	<p>The role and impact of process evaluation in the evaluation of complex interventions - challenges and opportunities <i>Prof. Ralph Möhler, Düsseldorf, Germany</i></p> <p>Chair:</p>
13:45-14:15	Ending Ceremony

Scientific Posters (Digital presentation)

- **The questions on violence (FOV) tool for interpersonal violence inquiry in Swedish healthcare settings – evaluation of content validity, face validity and test-retest reliability**
Karin Örmon | Sweden
- **Mental health care for people with a refugee background: a front-line perspective**
Jürgen Magerman; Sofie Vindevogel; Yasmine Boumahdi | Belgium
- **Quality Evaluation of Welfare and Healthcare Professionals’ perspectives on a Mobile Application for self-harm support: An interdisciplinary questionnaire Survey using the uMARS**
Lise Bachmann Oestergaard; Lene Lauge Berring; Ingrid Charlotte Andersen | Denmark
- **Nurses in a self-help and advocacy group for Bipolar Disorders**
Katrin Engert; Astrid Freisen | Germany
- **Health care aiming to improve the inpatient treatment and care of adolescents with severe anorexia nervosa**
Caroline Pedersen; Jane Clemensen; Rikke Wesselhøft; Mia Lichtenstein | Denmark
- **Supporting parents of children and adolescents hospitalized with an eating disorder in mental health care settings**
Line Sørensen; Hanne Agerskov; Mia Beck Lichtenstein; Sara Rowaert; Ellen Boldrup Tingleff | Denmark
- **Time Geography Life Charts as an anamnestic tool within psychiatric and mental health nursing -The experiences of psychiatric and mental health nursing students**
Lotta Sjögran; Emma Mårdhed; Charlotta Sunnqvist; Karin Örmon | Sweden
- **Leadership Perspectives on Implementing Time Together: Barriers and Facilitators in Psychiatric Inpatient Care**
Andreas Glantz; Jenny Molin | Sweden
- **Complex interventions in mental health nursing in Slovakia**
Martina Dubovcova | Slovakia
- **Clinical Supervision for Mental Health Nurses. Mental health nurse leaders working together to achieve a shared vision**
Clare Flanagan; Ruth Finlay | Ireland
- **Men’s experiences of abuse form a life course perspective - a time geographic study in a psychiatric care context**
Lotta Sjögran | Sweden
- **Are there ethnic disparities in rapid tranquillisation use in adult mental health settings?**
Martin Loch Pedersen; John Baker; Frederik Alkier Gildberg | Denmark
- **Safewards Talk Down & Mutual Expectation Interventions introduction into an Acute Psychiatric unit**
Theresa Donegan | Ireland
- **Development of a Co-produced Community-based Psychosocial Sports/Leisure Intervention Programme for people in the Wexford residential MHID services**
Emma Byrne; Michael Mahon | Ireland

Scientific Posters (Digital presentation)

- **Transition in psychiatry**
Rikke Mortensen | Denmark
- **The Association Between Self-stigma of Mental Illness and Quality of Life of Adults Living with Depression**
Refah Alqahtani; Jan R. Boehnke; Clair Gamble | United Kingdom
- **Outcomes of Safewards Implementation in Psychiatric Inpatient Care: Impact on Coercive Measures**
Jenny Karlsson; Anna Björkdahl; Naimi Johansson | Sweden
- **Introducing Simulation-based Pedagogy for Mental Health Nursing Students**
Shony Chacko | Ireland
- **Collaboration in DBT skills groups**
Zoe Dillon; Laura Collins | Ireland
- **Experiences of mental health nurses and patients of improving physical activity in mental health care: a systematic review of qualitative evidence**
Merve Ozturk | United Kingdom
- **ProLiSMental psychoeducational intervention: Developing a complex intervention to promote adolescent's mental health literacy**
Tânia Morgado; Ana Teixeira; Luís Loureiro | Portugal
- **Reframing the Art and Science of Psychiatric Nursing through advanced practice**
Ursula O' Neill | Ireland
- **An Educational Concept for Nurses in Managing Individuals with Impaired Mood Regulation**
Karsten Gensheimer; Anna Schindler; Fritz Sterr | Germany
- **Mental Health Literacy programme among health undergraduate students: development of a complex intervention**
Ana Teixeira; Sónia Martins; Tânia Morgado | Portugal
- **Exploring homecare nurses encounters with patients living with mental diseases - A study on professional and organizational conditions for homecare nursing in Denmark**
Dorte Wiwe Dürr; Anne Bendix Andersen; Anne Dalsgaard Due; Anita Lunde | Denmark